



ALHAMBRA
MEDICAL UNIVERSITY

Clinic Entrance Packet

Student: _____

Anticipated Clinic Starting Quarter: _____

Congratulations! You are on your way toward the most exciting part of the program: hands-on practical training at the AMU Clinic. The clinic portion of the program is where you begin your experience as a TCM practitioner providing treatment on actual patients! This Clinic Entrance Packet has been designed to help you navigate through the processes and steps necessary towards starting clinic internship. This packet contains information from our school catalog, the entrance examination guide, as well as some helpful checklists for your convenience. It also includes your Clinic Internship Entrance Examination Application Form which must be submitted to the Registrar in order to verify your standing as an Observational/intern Student.

ACADEMIC QUALIFICATIONS FOR INTERNSHP

- Students must successfully pass all the prerequisite courses for clinic internship.
- Students must register and pass the clinic entrance exam. Please refer to “Study Guide for Clinic Internship Entrance Examination for details.

REQUIREMENTS FOR ENTRANCE

In addition to the academic qualifications, students must obtain the following:

- CNT Certificate (NCCAOM); transfer students who already has institutional CNT will be accepted Please see attached CNT
- CPR & First Aid from American Heart Association or Red Cross
- TOEFL-iBT or IELTS results (if applicable)

INTERNSHIP REQUIREMENTS

A total of 960 hours divided into three levels is required to complete the internship training. Clinic shifts are scheduled in three to four-hour segment performed on a weekly basis for a total of 10 weeks. Each shift is 2 unit (40hours). The morning shifts are from 9:00 to 1:00. Afternoon shifts 1:30-5:30. Night shifts 5:30 to 8:30 (with 10 hour make up scheduled during the break) Please refer to the internship schedule to select the specific shift(s) during registration period.

Level I	Observation	200 Hours	5 shifts
Level II	Assisted Practice	320 Hours	8 shifts
Level III	Solo Practice (under supervision)	440 Hours	11 shifts

RESERVATION OF RIGHTS TO INCREASE GRADUATION UNITS/HOURS

AMU expressly reserves the right to increase didactic unit/hour requirements and/or clinical hour requirements in compliance with the mandates of the State of California, or any applicable regulatory body as deemed appropriate by the University.

Individual student and informal student groups participate in the decision -making process by completing course evaluations at the end of each quarter, as well as periodic program surveys. Students may also speak to members of the faculty and/or administration about individual concerns or suggestions for the program. Students are invited to all appropriate and relevant committee meetings.

Pre-Clinic Internship Checklist

STEP 1: ENTRANCE EXAM REGISTRATION

_____ Verify that you will be completing all the prerequisite courses for clinic within the next quarter. The exam is offered on a quarterly basis during the 7th -8th week of the quarter.

_____ Complete and submit the Clinic Internship Entrance Exam Application Form

_____ Review the Study Guide and sample questions.

_____ You may also go on line to the school website and review the sample questions http://amu.edu/resources/Download/sample_questions_for_graduation_exit_exam.pdf

STEP 2: SUBMIT ALL REQUIRED DOCUMENTATIONS

_____ CNT

_____ CPR/First Aid

_____ TOFLE Score (if applicable)

_____ TB Clearance

_____ Hepatitis B Vaccination (waiver accepted)

STEP 3: ACQUIRE EQUIPMENTS/PROPER ATTARE/LAB COAT

_____ White Lab Coat and Scrubs (optional)

_____ Stethoscope, sphygmomanometer, timer

STEP 4: SELECT AND REGISTER FOR CLINIC SHIFT

_____ check seniority status for internship which determines the internship registration date(s).

_____ If all documents and prerequisites have been met students can self-register on line. Please contact the registrar office if there is a problem.

STEP 5: ATTEND THE CLINIC ORIENTATION

_____ Attendance is mandatory.

_____ Bring documentations such as TB clearance and Hepatitis vaccination proof.

CCAOM'S CLEAN NEEDLE TECHNIQUE EXAM (Online Format only)

Please plan ahead for the exam because the available exam dates for both the written and the practical exams are limited based on proctor and examiner availability.

_____ Register for AC311 Acupuncture Techniques I if not yet complete.

You are recommended to have started this course by the start date of your scheduled CCAOM CNT course.

_____ Obtain CNT Course Schedule and submit application from the CCAOM website: https://www.ccaom.org/clean_needle_technique.asp

_____ Download the CNT Manual 7th Edition in the language you prefer:

https://www.ccaom.org/CNT_Manual.asp

CNT Course Format in 3 parts:

Part I Self paced online course modules and CNT manual study

Part II: Live-proctored online written exam

Part III: Online practical exam

Written exams are \$150 in English and \$200 in Chinese. Practical Exams (all languages) are \$75

CPR & FIRST AID

_____ AMU offers CPR & First Aid from AHA on a quarterly basis

_____ If you take the courses at other institutions, please make certain the class is offered through American Heart Association or American Red Cross.

_____ The expiration date can vary from 1 year to 2 years. You will have to have a valid CPR and First Aid Card with you throughout your entire internship.

_____ The Certificate must be valid for the CA Board Acupuncture License Examination Application.

TOEFL or IELTS (IF APPLICABLE)

_____ Non-applicable if you've completed a two-year baccalaureate level education in the institution accredited by an agency recognized by the US Secretary of Education or from an equivalent English language institution in another country.

_____TOEFL iBT score of at least 61. <https://www.ets.org/toefl/ibt/about>

Alhambra Medical University 仁愛醫科大學
Master in Acupuncture & Herbal Medicine 中醫碩士班
Clinic Internship Entrance Exam Application Form 診所實習考試申請表

Student Name: _____ ID # _____

Note: Students must complete all the flowing courses to apply for the entrance examination. Once you pass the exam and submit the required CPR, CNT and TOEFL (if applicable), you are qualify to register for the clinic shifts. 說明: 學生必須完成以下所有的課程, 方能申請參加診所實習入門考試。一旦通過考試并附上CPR, CNT, TOEFL即可註冊診所實習的課程。

Course Code	Course Title		Units Required	Units Completed
OM111	Basic Theory of TCM I	中醫基礎理論 I	3.0	
OM112	Basic Theory of TCM II	中醫基礎理論 II	3.0	
OM201	TCM Diagnosis I	中醫診斷 I	3.0	
OM202	TCM Diagnosis II	中醫診斷 II	3.0	
OM203	TCM Diagnosis III	中醫診斷 III	3.0	
AC100	Meridian Theory	經絡理論	3.0	
AC111	Acupuncture Anatomy I	針灸穴位學 I	3.0	
AC112	Acupuncture Anatomy II	針灸穴位學 II	3.0	
AC201	Acupuncture Physiology I	針灸生理學 I	3.0	
AC202	Acupuncture Physiology II	針灸生理學 II	3.0	
HB110	Introduction to Botany & Herbs	中藥概論	3.0	
HB121	Chinese Herbology I	中藥學 I	6.0	
HB122	Chinese Herbology II	中藥學 II		
HB123	Chinese Herbology III	中藥學 III		
HB124	Chinese Herbology IV	中藥學 IV		
BS110	Biology	生物學	3.0	
BS120	Chemistry & Biochemistry	化學和生物化學	3.0	
BS130	Physics	物理	3.0	
BS221	Anatomy & Physiology I	解剖生理學 I	3.0	
BS222	Anatomy & Physiology II	解剖生理學 II	3.0	
BS223	Anatomy & Physiology III	解剖生理學 III	3.0	
BS224	Anatomy & Physiology IV	解剖生理學 IV	3.0	
WM100	W. Medical Terminology	醫學術語	3.0	
WM310	Physical Examination	物理檢查	3.0	

Total		66.	
		0	
潔針技術 CNT Certificate 心肺復甦/急救證 CPR & First Aid Cards 英語熟練程度考試 TOEFL - IBT	已通過 Passed 已通過 Passed 已通過 Passed	未通過 Not Passed 未通過 Not Passed 未通過 Not	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
考試語種 Examination Language	中文考試 <input type="checkbox"/>	English Examination <input type="checkbox"/>	不需要 N/A <input type="checkbox"/>

Student Signature: _____ Date: _____

* * * * *

OFFICE USE ONLY:

Approve . Disapprove . Exam Score: _____

Comments: _____

Academic Consultant: **Jerome Jiang** Signature: _____ Date: _____

Study Guide for Clinic Internship Entrance Examination

診所實習資格考試指南

The Purpose of the Clinical Internship Entrance Examination:

The Master in Acupuncture & Herbal Medicine program in Alhambra Medical University will accept students to attend the clinical internship after they completed **66** didactic units of the most basic classes in the areas of traditional Chinese medicine, acupuncture, Chineseherbology as well as basic sciences. The contents of these classes are necessary for the students to successfully start their clinical observation. To facilitate the standard of our interns and to prove that the students attained the knowledge of these classes, an entrance examination is required.

設置診所實習資格考試的目的:

仁愛醫科大學的中醫碩士班規定，學生在完成中醫、針灸、中藥和基礎科學領域的**66**個學分的課程之後，可以申請進入診所實習。這些課程的內容對於學生順利進行診所觀察是十分必要的。為了檢驗進入診所實習的學生是否都已經掌握了這些課程的相關知識，我們設置了診所實習資格考試。

The List of the Prerequisite Classes for Entering the Clinical Internship:

下列課程是進入診所實習之前必須完成的:

OM111	Basic Theory of TCM I	中醫基礎理論 I	3.0
OM112	Basic Theory of TCM II	中醫基礎理論 II	3.0
OM201	TCM Diagnosis I	中醫診斷 I	3.0
OM202	TCM Diagnosis II	中醫診斷 II	3.0
OM203	TCM Diagnosis III	中醫診斷 III	3.0
AC100	Meridian Theory	經絡理論	3.0
AC111	Acupuncture Anatomy I	針灸穴位學 I	3.0
AC112	Acupuncture Anatomy II	針灸穴位學 II	3.0
AC201	Acupuncture Physiology I	針灸生理學 I	3.0
AC202	Acupuncture Physiology II	針灸生理學 II	3.0
HB110	Introduction to Botany & Herbs	中藥概論	3.0
HB111	Chinese Herbology I	中藥學 I	6.0
HB112	Chinese Herbology II	中藥學 II	
HB113	Chinese Herbology III	中藥學 III	
HB114	Chinese Herbology IV	中藥學 IV	
BS110	Biology	生物學	3.0
BS120	Chemistry & Biochemistry	化學和生物化學	3.0
BS140	Physics	物理	3.0
BS221	Anatomy & Physiology I	解剖生理學 I	3.0
BS222	Anatomy & Physiology II	解剖生理學 II	3.0

BS223	Anatomy & Physiology III	解剖生理學III	3.0
BS224	Anatomy & Physiology IV	解剖生理學 IV	3.0
WM00	W. Medical Terminology	醫學術語	3.0
WM310	Physical Examination	□ 物物物	3.0
Total			66.0
潔針技術 CNT Certificate			
心肺复苏和急救卡 CPR & First Aid Cards			
英語熟練程度考試 TOEFL - IBT			

The Distribution of the Exam Questions: 資格考試的考題內容分佈:

Traditional Chinese Medicine Theory and Diagnosis 中醫基礎理論和診斷	30%
Acupuncture Anatomy and Physiology 針灸穴位學和生理學	25%
Chinese Herbology 中藥學	25%
Anatomy and Physiology 解剖學和生理學	17%
Clean Needle Techniques 潔針技術	3%
Total 總計	100%

The Subjects to Study: 復習範圍:

- **Yin Yang and Five Element Theory:** balance and imbalance; correspondences (flavors, organs, tissues, symptoms, etc.); generating and control relationships 陰陽五行理論, 陰陽平衡和失衡, 五行的分佈, 生克關係。
- **Substances:** essence, spirit, qi, blood, fluids (functions, types of qi, etc.) 人體物質: 精、氣、神、血液、津液, 其功能、類型等。
- **Organs:** zang, fu, extraordinary. Functions, directions of qi flow, disharmonies and organ syndromes 臟腑, 奇恆之腑, 功能, 氣的流向, 臟腑不和及其症狀。
- **Etiology and pathology:** exterior evils (wind, cold, damp, heat, dryness, summer heat); interior (7 emotions); phlegm, blood stasis; repletion/excess and vacuity/deficiency; root and branch 病因病機: 外感六淫, 內生七情, 痰, 血瘀, 虛實, 標本。
- **Diagnosis:** tongue, pulse, etc.; symptoms and patterns 診斷: 舌診、脈診等, 症狀和證候。
- **Treatment logic and methodology** 治療的邏輯和方法學
- **Channels and points:** location, eight extraordinary vessels, points at the same level, point categories, point functions 經脈和穴位, 奇經八脈, 水平穴位, 穴位分類, 穴位功能。
- **Individual herbs:** Latin terms, measurement (fen, qian, and liang), five flavors, functions,

of individual herbs; contraindications, dosage, taste, temperature, channels 中藥：四氣五味，功能，禁忌，劑量，歸經等。

- **Clean needle technique:** *Clean Needle Technique Manual for Acupuncturists, 5th Edition* 針灸潔針技術手冊，第五版。
- **Human Anatomy & Physiology:** muscle-skeletal system, nervous system, digestive system, urinary system, reproductive system, Endocrine system 人體解剖和生理：肌肉骨骼系統，神經系統，消化系統，泌尿系統，生殖系統，內分泌系統。

To pass the clinic entrance examination, applicants are encouraged to join **student group review**. Students who want to attend group review should consult with the Director of Admissions, Dean of Students or Dean of Faculty.

爲了順利通過診所實習資格考試，學校鼓勵同學們參加“小組復習”。凡是希望參加小組復習的同學，請同Qing Ma或者蔣見元老師聯係。

Passing Score: 及格分數綫

To successfully pass the Clinic Internship Entrance Examination, students must achieve a 70% on the exam. 70分爲及格分數。Please refer to the Studey Guide for Clinic Internship Level I Entrance Examination

Sample Questions: 考題舉例

1. If there is a disease of the flesh, what taste should be avoided? 如果肌肉有病，應該避免哪一種味道的食物?
A. Bitter 苦味 B. Salty 鹹味 C. Sweet 甜味 D. Sour 酸味
2. If a patient has a pale tongue with thin coating, this is a result of what pathological condition? 如果病人舌淡苔白，他的問題在哪裏?
A. Deficiency of Jin-Ye (fluids) 津液虧虛 B. Qi Deficiency 氣虛
C. Excessive heat 實熱 D. Deficient heat 虛熱
3. Which of the following meridians wind around lips? 下列哪一條經脈圍繞口唇?
A. Lung 肺經 B. Urinary Bladder 膀胱經
C. Both A+B 兩者都是 D. None of the above 兩者都不是
4. Normal Dosage of the herb Ma Huang (Herba Ephedrae)? 麻黃的一般劑量是:
A. 3-9 g B. 6-9g C. 1.5-3g D. 9-12g
5. The blood leaving from lungs goes through: 血液經過_____從肺部流出來:
A. left atrium 左心房 B. pulmonary arteries 肺動脈
C. pulmonary veins 肺靜脈 D. right ventricle 右心室
6. Constipation means _____
A. 腹瀉 B. 痢疾 C. 便秘 D. 潰瘍

Answer 答案: 1. D 2. B 3. D 4. A 5. C 6. C

In order to enter the clinic internship level II, the students have to complete the following:

爲了進入診所實習第二階段，學生必須達到下列要求：

1. Complete the Level I observation and pass the Exit Examination of Level I; 完成第一階段的臨床觀察，並通過出門考試。
2. Complete the following didactic classes: 完成下列課程：

HB111-114	Chinese Herbology 完成所有中药学	6.0
AC321	Acupuncture Techniques I 针灸技术 I	3.0
AC322	Acupuncture Techniques II 针灸技术 II	3.0
HB201-204	One of Chinese Herbal Formula I – IV 至少一门方剂学	3.0
BS311-313	One of BS311-313 至少一门病理学	3.0
WM320	Laboratory & Imaging 实验室检查和影像学	3.0
Total		21.0

In order to enter the clinic internship level III, the students have to complete the following:

爲了進入診所實習第三階段，學生必須達到下列要求：

1. Complete the Level II supervised practice, and pass the Exit Examination of Level II; 完成第二階段臨床實習，並通過出門考試。
2. Complete the following didactic classes: 完成下列課程：

AC401-402	Acupuncture Therapeutics I – II 针灸治疗学 1-2	6.0
HB201-204	Three of HB201-204 三门方剂学	9.0
BS311-313	Two of BS311-313 两门病理学	6.0
OM301-304	Two of OM301-304 至少两门中医内科	6.0
WM401-404	One of WM401-404 至少一门西医临床医学	3.0
HB401-440	One of HB401-410 至少两门中药高阶课程	6.0
Total		36.0

Medical Terminology Review 醫學用語復習資料

1. Heart	心臟
2. Liver	肝臟
3. Spleen	脾臟
4. Lungs	肺臟
5. Kidneys	腎臟
6. Large / Small Intestine	大/小腸
7. Gallbladder	膽
8. Urinary Bladder	膀胱
9. Stomach	胃
10. Pericardium	心包
11. shoulder	肩膀
12. elbow	肘
13. knee	膝
14. wrist	腕
15. ankle	踝
16. chest	胸
17. uterus	子宮
18. umbilicus	肚臍
19. breast	乳房
20. abdomen	腹部
21. constipation	便秘
22. diarrhea	腹瀉
23. migraine pain	偏頭痛
24. fever	發燒
25. numbness	麻木
26. menstruation	月經
27. hemorrhage	出血
28. hypertension	高血壓

29.hypotension	低血壓
30.hernia	疝氣
31.hepatitis	肝炎
32.pneumonia	肺炎
33.leukemia	白血病
34.myocardial infarction	心肌梗死
35.stroke	中風
36.diabetes	糖尿病
37.tuberculosis	結核
38.malignant tumor	惡性腫瘤
39.AIDS (acquired immunodeficiency syndrome)	艾滋病（獲得性免疫缺陷綜合症）
40.cholecystitis	膽囊炎
41.influenza	流行性感冒
42.sciatica	坐骨神經痛
43.hysteromyoma	子宮肌瘤
44.menopausal syndrome	更年期綜合症
45.carpal tunnel syndrome	腕管綜合症
46.osteoarthritis	骨關節炎
47.gout	痛風
48.anemia	貧血
49.gastro-duodenal ulcer	胃十二指腸潰瘍
50.bacterial infection	細菌感染

Sample question:

6. *Constipation* means _____

A. 腹瀉

B. 痢疾

C. 便秘

D. 潰瘍

In order to register for the last 80 hours of the clinic internship level III, the students must first pass the Level III Exit Exam:

爲了進入診所實習第三階段的最后80个小时，學生必須並通過實習第三階段的出門考試：